

# Sexual Wellness

The Center for Campus Wellness offers **comprehensive sexual wellness services**, taking a pleasure-based, harm reduction approach.

Access to education, supplies, and services reduces unintentional harm and empowers students to make informed choices for their health.

**We offer free workshops, pop-up STI & HIV testing clinics, and access to safer sex supplies** (i.e. barrier methods & contraceptives) ensuring students have the resources and knowledge they need to lead healthy, fulfilling lives.



## Fall Semester Clinic Schedule

The Center for Campus Wellness hosts Sexual Wellness Testing Clinics for students once a month during the fall and spring semesters.

**Confidential**



**Free**



**Quick Results**



SEPTEMBER 2024						
SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

**Thursday,  
September 19th**

Details

- Location: Kahlert Village
- Time: 12:00 PM - 2:00 PM

OCTOBER 2024						
SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

**Thursday,  
October 17th**

Details

- Location: Union West Ballroom
- Time: 12:00 PM - 2:00 PM

NOVEMBER 2024						
SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

**Wednesday,  
November 20th**

*Get tested during the Wellness Fair!*

- Location: Union, TBD
- Time: TBD

## Testing Recommendations

We recommend people who have sex get tested:

- every **3 - 6 months**,
- before having sex with a **new partner**,
- or after **unprotected sex**.

Regular testing is important to take care of your sexual wellbeing. Through a quick fluid sample (typically urine or saliva), you can learn more about the physical health of your body and take action to protect the wellbeing of your sexual partner(s).

**ICYMI: The most common symptom of a sexually transmitted infection is *no symptom at all!***

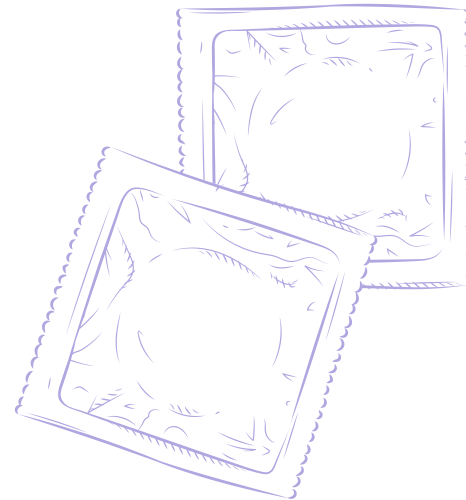
Some infections, if left untreated, may result in health complications, so it's important to make routine testing a regular habit as you strive for physical wellbeing.

## Learn More

Expand your sexual wellness knowledge by...

- **attending** one of our **workshops**
- **connecting** with our health education staff & peer health educators
- **exploring** our interactive **resource hub**

[wellness.utah.edu/programs/sexual-wellness/](https://wellness.utah.edu/programs/sexual-wellness/)



### THE **PLEASURE PACK**

DELIVERY SERVICE



Students can customize a free and discreet package of safer sex supplies by ordering online.

**lube. oral dams. condoms.**

Pick-up at convenient locations on campus.